



CLASS SCHEDULES

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30am	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit	---
6:30am	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit	---
8:30am 	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit
9:30am 	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit
12:15pm	CrossFit	---	CrossFit	---	CrossFit	---
3:30pm	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit	---
4:30pm	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit	---
5:30pm	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit	---
6:30pm	CrossFit	CrossFit	CrossFit	CrossFit	---	---

Membership Pricing

CrossFit 101	\$100.00	High/Middle School	\$50.00
Monthly	\$90.00	Couples	\$160.00
12 Month Agreement	\$81.00	Drop-In	\$15.00
College (FT)	\$70.00	10 Visit Punch Pass	\$100.00

Child Care

10 Visit Punch Pass	\$30.00
Monthly	\$30.00